

Menu – Week 1

Monday

Soup Station

Fresh Tomato soup served with homemade farmhouse bread and toppers

Main Course

Chickpea & sweet potato Korma
Vegetarian Caribbean coconut curry
Jacket potatoes with cheese & baked beans
Fresh Pasta with sauce of the day

Sides

Steamed White Rice
Honey Glazed Carrots
Sweetcorn

Salad Bar

Pea and mint couscous
Vietnamese sticky noodles
Roasted broccoli, edamame bean, and chickpea

Desserts

Dark Rich Chocolate mousse pot
Fresh fruit Selection
Assorted Jelly

Tuesday

Soup Station

Fresh soup of the day served with homemade pumpkin seed bread and toppers

Main Course

spanish chicken thigh
Macaroni cheese
Jacket potatoes with cheese & baked beans
Fresh Pasta with sauce of the day

Sides

Parmentier potatoes
Green beans
Sweetcorn

Salad Bar

Classic coleslaw
Pea, mint & courgette quinoa
Watermelon and feta

Desserts

Assorted cookies
Fresh fruit Selection
Assorted Jelly

Wednesday

Soup Station

Fresh soup of the day served with homemade tomato and herb bread and toppers

Main Course

Pork or chicken sausages
Vegan sausages
Jacket potatoes with cheese & baked beans
Fresh Pasta with sauce of the day

Sides

Mashed potatoes
Beetroot
Broccoli

Salad Bar

Rice and beans
Quinoa and cauliflower
Peruvian coleslaw

Desserts

Chocolate popcorn bar
Fresh fruit Selection
Assorted Jelly

Thursday

Soup Station

Fresh soup of the day served with homemade granary bread and toppers

Main Course

Katsu chicken
Sweet potato Katsu
Jacket potatoes with cheese & baked beans
Fresh Pasta with sauce of the day

Sides

Rice
Roasted peppers and courgettes
Green beans

Salad Bar

Crunchy pepper and seed salad
Classic potato salad
Beetroot and orange salad

Desserts

School cake
Fresh fruit Selection
Assorted Jelly

Friday

Soup Station

Fresh soup of the day served with homemade granary bread and toppers

Main Course

Freshly battered fish
Breaded quorn fillet with crispy vegetables
Jacket potatoes with cheese & baked beans
Fresh Pasta with sauce of the day

Sides

Chips
Garden peas
Baked beans

Salad Bar

Cauliflower, potato and pesto salad
Rice salad
Panzanella salad

Desserts

Vanilla panacotta with berry coulis
Fresh fruit Selection

Make it your own daily!

Daily Salads – Mixed leaf, tomato, cucumber, sweetcorn, peppers, beetroot
Salad proteins daily – cheese, egg, tuna, and chicken or ham etc

All our meals are freshly made

Menu — Week 2

Monday

Soup Station

Fresh Italian tomato and basil soup
Served with home-made Artisan
loaf and toppers

Main Dishes

Italian Margherita pizza

Garlic bread

Jacket potatoes with
cheese & baked beans

Fresh Pasta with two sauces of
the day

Sides

crispy potato wedges

Garden Peas

Sweetcorn

Salad Bar

Herb roasted potatoes

Popped Black bean with Raw Roots

Chipotle and Avocado Salad

pasta salad with basil

Desserts

Yoghurt bar

Fresh fruit

Assorted jelly

Tuesday

Soup Station

Fresh Soup of the day
Served with Crispy Onion bread
and toppers

Main Dishes

Beef rigatoni

Sweet potato and bean

Quesadilla

Jacket potatoes with
cheese & baked beans

Fresh Pasta with sauce of the
day

Sides

Corn on the cob

Charred peppers

Salad Bar

Potato salad

Mixed grains and chickpeas

Chargrilled cauliflower, tomato,

dill and caper

Desserts

Vanilla crispy squares

Fresh fruit

Assorted jelly

Wednesday

Soup Station

Fresh soup of the day
Served with home-made focaccia
and toppers

Main Dishes

Traditional Roast pork with
apple sauce

Pesto and roasted pepper

Gnocchi

Jacket potatoes with
cheese & baked beans

Fresh Pasta with sauce of the
day

Sides

Roast potatoes

Roast Parsnips

Braised red cabbage

Salad Bar

Tomato pasta salad

Red slaw

Puy lentils & tomatoes

Desserts

Sticky toffee pudding with

toffee sauce

Thursday

Soup Station

Fresh soup of the day
Served with garlic and herb
ciabatta and toppers

Main Dishes

Beef chilli with cheesy tortilla
chips

Vegetarian lasagne

Jacket potatoes with
cheese & baked beans

Fresh Pasta with sauce of the
day

Sides

Steamed rice

Roasted Broccoli

Carrots

Salad Bar

Sweet chilli noodles

Rocket, spinach and parmesan

Curried chickpea, roasted

cauliflower & baby spinach

Desserts

Chunky Chocolate brownie

Fresh fruit

Assorted jelly

Friday

Soup Station

Fresh soup of the day
Served with toasted sunflower
seed bread and toppers

Main Dishes

Freshly battered fish

Vegetable pie

Jacket potatoes with
cheese & baked beans

Fresh Pasta with sauce of the
day

Sides

Chips

Garden Peas

Baked beans

Salad Bar

Cannellini Bean, Cherry Tomato

& Rosemary Salad

Beetroot, carrot & apple salad

Quinoa and roasted peppers

Desserts

flapjack

Fresh fruit

Assorted jelly

Make it your own daily!

Daily Salads – Mixed leaf, tomato, cucumber, sweetcorn, peppers, beetroot
Salad proteins daily – cheese, egg, tuna, and chicken or ham etc

All our meals are freshly made

Menu — Week 3

Monday

Soup Station

Fresh lightly spiced parsnip soup
Served with garlic and herb bread
and toppers

Main Dishes

Vegetarian pasticcio
Tomato, Spinach & goat's cheese
flatbread
Jacket potatoes with
cheese & baked beans
Fresh Pasta with sauce of the day

Sides

Roasted carrots
Cauliflower

Salad Bar

Fennel coleslaw
Quinoa salad
Chickpea and aubergine salad

Desserts

Lemon drizzle cake with creamy
custard
Fresh fruit
Assorted Jelly

Tuesday

Soup Station

Fresh soup of the day
Served with toasted pumpkin seed
bread and toppers

Main Dishes

West African chicken pot
Stuffed red peppers
Jacket potatoes with
cheese & baked beans
Fresh Pasta with sauce of the day

Sides

Steamed Rice
Steamed broccoli
sweetcorn

Salad Bar

5 bean salad
Roasted Carrot Beetroot
Chickpeas & Honey Salad
Tomato, rocket & parmesan

Desserts

Rocky road
Fresh fruit
Assorted Jelly

Wednesday

Soup Station

Fresh soup of the day
Served with home-made focaccia
bread and toppers

Main Dishes

Roast chicken with pan roast
gravy and stuffing
Vegetable wellington
Jacket potatoes with
cheese & baked beans
Fresh Pasta with sauce of the day

Sides

Crispy Roast potatoes
Roasted parsnips
Green beans

Salad Bar

Classic potato salad
Pesto pasta with mozzarella
Braised Puy lentils, slow cooked
tomatoes & red onions

Desserts

Apple crumble with creamy custard
Fresh fruit
Assorted Jelly

Thursday

Soup Station

Fresh soup of the day
Served with home-made crispy
onion bread and toppers

Main Dishes

Turkey Fajitas
Vegetable chimichangas
Jacket potatoes with
cheese & baked beans
Fresh Pasta with sauce of the day

Sides

Mexican savoury rice
Loaded corn on the cobs

Salad Bar

Mediterranean pasta salad
Lime and coriander cous cous, five
beans and sweetcorn
Polish cabbage salad

Desserts

carrot muffin cake
Fresh fruit
Assorted Jelly

Friday

Soup Station

Fresh soup of the day
Served with home-made malty loaf
and toppers

Main Dishes

Freshly battered fish
Vegan sausage roll
Jacket potatoes with
cheese & baked beans
Fresh Pasta with sauce of the day

Sides

Chips
Garden peas
Baked beans

Salad Bar

Butternut squash, spinach and
feta salad
Beetroot, carrot & apple
Fattoush salad

Desserts

Chocolate ganache cheesecake
Fresh fruit
Assorted Jelly

Make it your own daily!

Daily Salads – Mixed leaf, tomato, cucumber, sweetcorn, peppers, beetroot
Salad proteins daily – cheese, egg, tuna, and chicken or ham etc

All our meals are freshly made